

## You do not need to go hungry, help is here.

Is money tight causing you to choose between food and other necessities?

Do you get enough to eat at mealtime?

Do your children get enough food at mealtime?

Do you ever wonder where your next meal will come from?

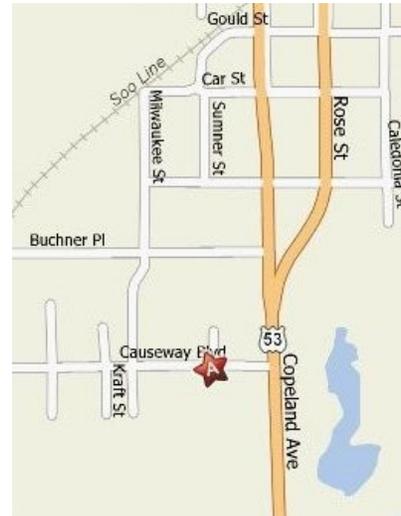
Get help NOW from WAFER .



## Hours

Monday—Friday 10am-12:45 pm

Monday, Tuesday, Thursday  
4pm-7:45pm



403 Causeway Blvd  
La Crosse, WI 54601  
608-782-6003



Supported by



WAFER  
403 Causeway Blvd  
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waferlacrosse.org  
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# Get the food you need

## ***Mission Statement:***

Responding to God's love, WAFER provides food and works to eliminate hunger.



## **Who can get food**

Any La Crosse County resident can receive food for their household.

*"I encourage anyone who needs assistance with a little extra help, please come down and see all the wonderful food they have."*

## **How to get food**

On your first visit you will need:

- A photo I.D.
- A current piece of mail with address
- Knowledge of monthly or yearly gross income
- The names and birthdates for each person in the household.

On subsequent visits you will need:

- A photo I.D.
- A piece of mail, if you have a new address.

*"WAFER helps me get through the month so I am able to eat balanced meals."*

## **What you get**

Every eligible household will receive a food package providing four to five days worth of food per person. Each package typically contains nonperishable items, frozen meat, bakery, dairy, fresh produce, and hygiene items. Quantities vary by household size. Selection varies based on availability.

## **Programs**

- Food Package Distribution: a once monthly food package available during distribution hours.
- Senior Share: food package delivery to income eligible, 60+ La Crosse County Residents. Application\* is needed.
- Food Fair: once monthly food distribution held on a Saturday. Tickets are issued with food packages for the La Crosse location.
- Mobile Drop: food package and food fair package delivery to rural families. Application\* is needed.

\*Applications are available by calling WAFER or download from our website: [waferlacrosse.org](http://waferlacrosse.org)