



## Each food package contains:

Canned vegetables  
Canned or dried fruit  
Juice (if available)  
Side dish  
Mac-n-Cheese  
Spaghetti sauce/canned tomatoes  
Pasta  
Beans (dried or canned) – black, refried, great northern, pinto, navy, kidney, chili, etc.  
Canned meat – chicken, tuna, salmon  
Cereal  
Soup and crackers  
Peanut butter  
Frozen meat  
Hygiene items – shampoo, deodorant, soap, toothbrush, toothpaste, toilet paper, etc.

## Donation Wishlist:

Mac-n-Cheese  
Peanut Butter  
Soup (canned, dry mix, Ramen)  
Side Dishes  
Canned Meat (Tuna, Salmon, Chicken, Luncheon)  
Personal Hygiene Items (toothpaste, shampoo, razors)  
Baby Items (diapers – all sizes, wipes, formula)