## Who we are

"Responding to God's love, WAFER provides food and works to eliminate hunger."

WAFER Food Pantry has been serving the greater La Crosse area since 1986. Each family receives a nutritionally balanced food package containing canned goods, frozen meat, dairy, bakery, a wide variety of produce, and hygiene items. Each food package provides each household with about 4 days worth of food per person. Roughly 1,500 families (4,000+ people!) are fed each month.



### **HOURS**

Monday - Friday 10:00 am - 12:45pm Monday, Tuesday, Thursday 4:00pm - 7:45pm



#### WAFER

403 Causeway Blvd La Crosse, WI 54603 At the corner of Sumner and Causeway phone: 608-782-6003





# WAFER FOOD PANTRY

### How you can help



### WAFER

403 Causeway Blvd La Crosse, WI 54603 phone: 608-782-6003 fax: 608-782-6006

info@waferlacrosse.org facebook.com/WAFERlacrosse

# How can I help?

### 1. Volunteer

Many volunteers are needed to provide this critical service to the community.

Volunteers are utilized during pantry hours for stocking, sorting, unloading trucks, helping client families pack their food package, and so much more.

Some volunteers give some of their time every day, once a week, once a month, or for special events. What you would like to do is completely up to you.



### 2. Donate

### Money

We purchase discounted food items in bulk from foodbanks, retailers, and warehouses. We accept cash or checks in our office during food distribution hours, by mail, or you may choose to make a donation with your credit card through our PayPal link:

waferdirector@waferlacrosse.org

### Food and non-food products

- Unopened personal care products (i.e. shampoo and toothpaste), toilet paper, diapers, soap, and cleaning products.
- ✓ Unopened bagged, boxed, jarred or canned items not limited to fruit, soup, vegetables, canned meat, pasta, peanut butter, jelly, beans, complete pancake mix, and macaroni and cheese. Please avoid bulging, rusted, or leaky cans or jars, frozen or refridgerated items, or medications
- ✓ Books for our lending library.

### 3. Plan an event

Collect canned goods as admission to a game, concert, etc.; organize a "hunger" walk; create a competition between businesses, school groups, service, clubs, etc. or come up with something completely unique!



"We enjoy helping others, people in need and giving back to our community."
We also keep in mind that this could be us or our loved ones one day."