



## Each standard food package contains:

### Shelf-stable Foods:

- Canned vegetables
- Canned or dried fruit
- Juice (if available)
- Side dish
- Mac-n-Cheese
- Spaghetti sauce/canned tomatoes
- Pasta
- Beans (dried or canned) – black, refried, great northern, pinto, navy, kidney, chili, etc.
- Canned meat – chicken, tuna, salmon
- Cereal
- Soup and crackers
- Peanut butter
- Hygiene items – shampoo, deodorant, soap, toothbrush, toothpaste, toilet paper, etc.

### Fresh Foods:

- Meat
- Dairy Items – eggs, yogurt, cottage cheese, milk, cheese (as available)
- Bakery items – loaf bread, muffins, cookies, rolls (as available)
- Produce – an assortment as available.

## Donation Wishlist:

- Mac-n-Cheese
- Peanut Butter
- Soup (canned, dry mix, Ramen)
- Side Dishes
- Canned Meat (Tuna, Salmon, Chicken, Luncheon)
- Personal Hygiene Items (toothpaste, shampoo, razors)
- Baby Items (diapers – all sizes, wipes, formula)